Seminar

The psychological side of diabetes: What health care professionals need to know

Dr William Polonsky

Behavioral Diabetes Institute and University of California, San Diego

Date: Monday 9 November, 2015
Time: 12:00pm - 1:00pm

Updated venues:

Cairns D3:063 videolinked to:
Townsville (ATSIP) 145-030
Mt Isa - MICRRH Board Room
Thursday Island - 001
Cairns Diabetes Centre Meeting Room
Napranum Primary Health Care Clinic
North Ward Health Campus - Meeting Room 3

To dial in from another location, please email laura.males@jcu.edu.au for details
Should you not be able to attend, a recording of this session will be made available

Dr. Polonsky is President and Founder of the Behavioral Diabetes Institute, the world's first organization wholly dedicated to studying and addressing the unmet psychological needs of people with diabetes. He is also Associate Clinical Professor in Psychiatry at the University of California San Diego.

Dr. Polonsky received his PhD in clinical psychology from Yale University and has served as Senior Psychologist at the Joslin Diabetes Center in Boston, faculty member at Harvard Medical School and Chairman of the National Certification Board for Diabetes Educators. Most recently, he received the American Diabetes Association’s 2014 Richard R. Rubin Award for distinguished contributions to behavioral medicine and psychology.

A licensed clinical psychologist and certified diabetes educator, he has served on the editorial boards of Diabetes Care, Diabetes Forecast, Clinical Diabetes, Diabetes Self-Management and Diabetes Health. In addition to his many diabetes-related professional publications, he has authored several books for the lay audience (e.g., Diabetes Burnout: What to Do When You Can’t Take it Anymore) and co-edited several others for health care professionals (e.g., A CORE Curriculum for Diabetes Education).